GLOBAL MENTAL HEALTH
PEER NETWORK

The Global Mental Health Peer Network (GMHPN) is an international organisation that builds capacity among people with lived experience of a mental health condition through empowerment, peer-to-peer mentorship and peer support.

Who is GMHPN

GMHPN values the voices and experiences of people with mental health conditions and whose platform creates a safe and engaging communication environment for individuals to share their experiences, opinions and recommendations related to mental health. It provides for a global network of peer led leadership and advancement in individuals' advocacy journeys and/or career paths. It embodies ideals of empowerment, enablement and development from local towards global advocacy efforts in changing the status quo of mental health around the world. It advocates for the meaningful and authentic inclusion and participation of persons with lived experience in all matters related to mental health, by which they are directly affected.

4 Quarters of the World

45+ Countries

150+ Experts By Experience

1 Voice

http:// **www.gmhpn.org**

Find us on Social Media

Unapologetically Experts By Experience

History

The Global Mental Health Peer Network (GMHPN) was founded by Charlene Sunkel, a person with lived experience of schizophrenia and a global voice for the rights of people with lived experience of mental health conditions. She established the GMHPN in 2018 in an effort to transform mental healthcare and services delivery globally, especially in low-and-middle income countries, through lived experience leadership and expertise as the guiding principle.
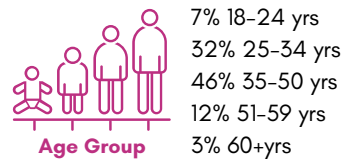
Our Impact

GMHPN is exclusively and completely represented by persons living with mental health conditions. Since the organisation's establishment, it has experienced exponential growth since inception.

Age Group
7% 18-24 yrs
32% 25-34 yrs
46% 35-50 yrs
12% 51-59 yrs
3% 60+yrs

Gender
35% Male
62% Female
3% Other

Income Country
18% Low Income
32% Lower Middle Income
7% Middle Income
14% Upper Middle Income
29% High Income

Ethnicity
18% Asian/Indian
1% Austronesian
44% Black
2% Coloured
2% Hispanic
33% White

Demographic
50% Africa
10% Americas
17% Europe
1% Eastern Mediterranean
12% South East Asia
10% Western Pacific

Average of 25 International Conferences and Workshop participation annually

12 Publications (authored/ co-authored)

Specialised unit in the GMHPN

The organisation has an established Experts by Experience Consultancy Services unit that is unique in that it involves only persons with lived experience in the delivery of a range of services to various stakeholders.

Corporate Sector

Academic & Research

Non-Profit Sector

Government

International Agencies

Global Office:
Charlene Sunkel (Founder/CEO) — charlene.sunkel@gmhpn.org
Claudia Sartor (Deputy CEO) — claudia.sartor@gmhpn.org
Sandra Ferreira (Global Manager) — sandra.ferreira@gmhpn.org
Zak Martah (Project Assistant) — zak.martah@gmhpn.org
Grace Gathitu (Admin Support) — admin@gmhpn.org

Organisational Structure

Board of Management

The **Board of Management** is established in accordance with the South African Non-profit Organisations Act 71 of 1997. Board Members are responsible for insight and oversight of the organisation.

Global Office

The **Global Office** is based in Paarl, South Africa, and responsible for the day-to-day operations; project development, implementation, monitoring and evaluation; sustainability and donor relations; partnership development; and coordinating the structural committees and forums.

Country Leadership

The **Country Leadership Committee** consists of diverse lived experience advocates who are united on a platform that is a safe space to express lived experience perspectives and ideas, learn from peers and share own experiences and knowledge, support each other. Regional group activities and meetings are led by Rotating Chairpersons.

Sub-Committees

Sub-Committees consist of internal (maximum 5) and external members (maximum 5) who focus on specific issues and enhance diverse voices and perspectives of specific population groups and related topics within the GMHPN.

Honorary Members

Honorary Membership is awarded to member/s who serve full-time in GMHPN Country Leadership Committee and this type of membership is life-long. GMHPN believes retention of members is essential in creating a continued relationship with member/s and GMHPN.

Global Mental Health Peer Network

Global Mental Health Peer Network ⦿ Represented across Four Quarters of the World 🌐

Americas

Anguilla; Antigua and Barbuda; Argentina; Aruba; The Bahamas; Barbados; Belize; Bermuda; Bolivia; Bonaire; **Brazil**; British Virgin Islands; **Canada**; Cayman Islands; Chile; Colombia; Costa Rica; Cuba; Curacao; Dominica; Dominican Republic; Ecuador; El Salvador; Falkland; Islands; French Guiana; Greenland; Grenada; Guadeloupe; Guatemala; Guyana; **Haiti**; Honduras; Jamaica; Martinique; Mexico; Montserrat; Nicaragua; Panama; Paraguay; **Peru**; Puerto Rico; Saba; Saint Barthelemy; Saint Kitts and Nevis; Saint Lucia; Saint Martin; Saint Vincent and the Grenadines; Sint Eustatius; Sint Maarten; South Georgia and South Sandwich Islands; Suriname; **Trinidad and Tobago**; Turks and Caicos Islands; **United States of America**; U.S Virgin Islands; Uruguay; Venezuela

Northern Africa

Algeria; Benin; Burkina Faso; Burundi; Cabo Verde; **Cameroon**; Central African Republic; Chad; Comoros; Congo, DRC; Congo, Republic of Cote d'Ivoire; Djibouti; **Egypt**; Equatorial Guinea; Eritrea; **Ethiopia**; Gabon; Gambia; **Ghana**; Guinea; Guinea-Bissau; **Kenya**; Liberia; Libya; Mali; Mauritania; Mauritius; Morocco; Niger; **Nigeria**; **Rwanda**; Sao Tome and Principe; Senegal; Sierra Leone; Somalia; **Sudan**; **Tanzania**; Togo; Tunisia; **Uganda**
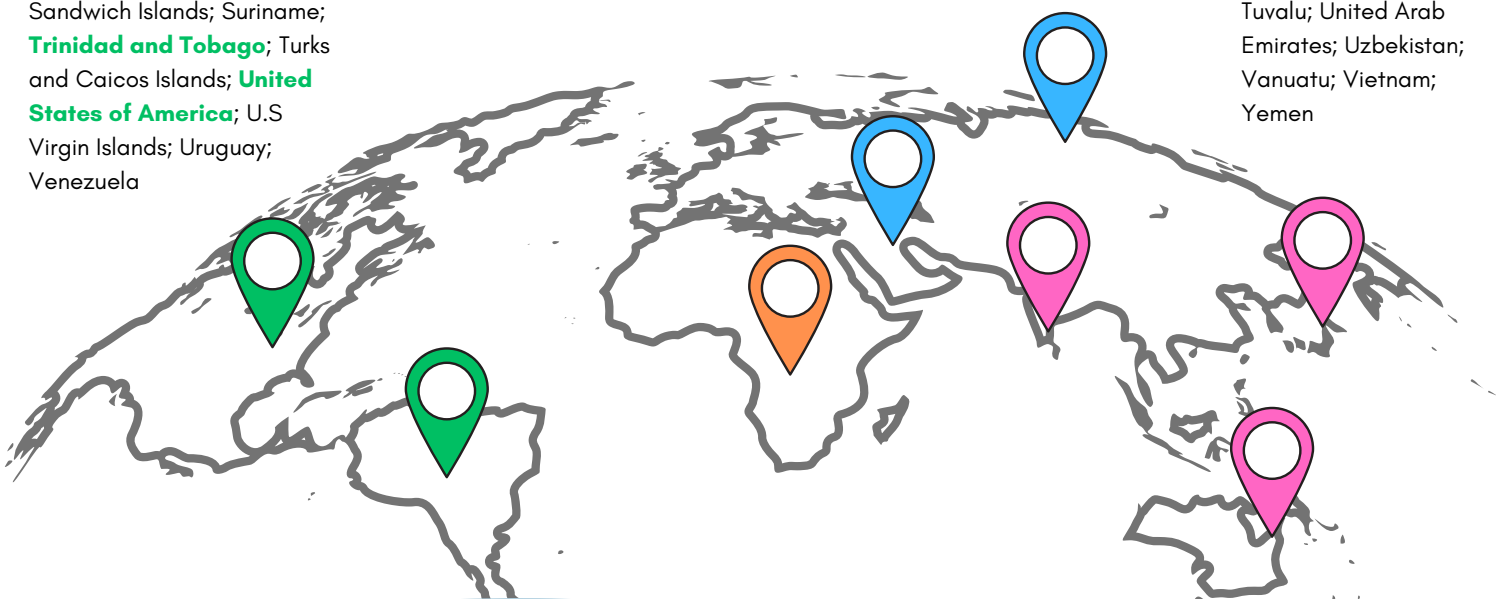
Southern Africa

Angola; **Botswana**; Eswatini; Lesotho; Madagascar; **Malawi**; Mozambique; **Namibia**; Seychelles; **South Africa**; **Zambia**; **Zimbabwe**

Europe

Albania; Andorra; Armenia; Austria; Azerbaijan; Belarus; **Belgium**; Bosnia and Herzegovina; Bulgaria; Croatia; Cyprus; **Czech Republic**; **Denmark**; Estonia; Finland; **France**; Georgia; **Germany**; Greece; Hungary; Iceland; **Ireland**; **Israel**; Italy; Kazakhstan; Latvia; Liechtenstein; **Lithuania**; Luxembourg; Malta; Moldova; Monaco; Montenegro; **Netherlands**; Macedonia; Norway; **Poland**; **Portugal**; Romania; Russia; San Marino; Serbia; Slovakia; Slovenia; **Spain**; Sweden; Switzerland; Turkey; **Ukraine**; **United Kingdom**; Vatican City

Asia & Oceania

Australia; Afghanistan; Armenia; Azerbaijan; Bahrain; **Bangladesh**; Bhutan; Brunei; Cambodia; **China**; **Hong Kong**; East Timor; Fiji; Kiribati **India**; **Indonesia**; Iran; Iraq; Japan; Jordan; Kuwait; Kyrgyzstan; Laos; Lebanon; **Malaysia**; Maldives; Micronesia; Mongolia; Myanmar; Nauru; Nepal; **New Zealand**; North Korea; Oman; Pakistan; Palau; Palestine; **Papua New Guinea**; Philippines; Qatar; Samoa; Saudi Arabia; **Singapore**; Solomon Islands; South Korea; Sri Lanka; Syria; Tajikistan; Thailand; Tonga; Turkmenistan; Tuvalu; United Arab Emirates; Uzbekistan; Vanuatu; Vietnam; Yemen

Represented across

47 COUNTRIES