



Global Mental Health Peer Network



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## LATEST NEWS

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#### Festschrift Conference

GMHPN through our CEO Charlene Sunkel, gave a keynote address at Festschrift conference. This was to mark Professor Sir Graham Thornicroff’s retirement from King’s College London and South London Maudsley NHS Foundation Trust. Special mention was made about his transition to Emeritus Professor of Community Mental Health at King’s College London.

[Click for more info](#)



#### YA4C Inaugural Webinar

Our Young Agents for Change Unit (YA4C) hosted their inaugural webinar on April 18th, 2024. They highlighted the importance of understanding youth perspectives in mental health as a crucial factor for driving generational change and improving mental well-being. Our YA4C unit explored the co-designing of projects by young people with lived experiences, viewed through an intersectional lens.

[View the recording](#)

**Wellness through the lens of people with lived experience**

Our Europe region will be hosting a webinar that explores the journey they went through to reach a greater level of holistic wellness. They will share valuable knowledge about the creation and improvement of wellness from their lived experience perspectives. Often the emphasis is on illness. Wellness is just as important, if not, more important for the upkeep of mental wellness.

**Our Speakers**

- Yael Gaya (Israel)
- Caroline da Cunha Lewin (United Kingdom)
- Zbynek Roboch (Czech Republic)
- Julieann Cullen (Ireland)

Moderator

**Register Here**  
www.gmhpn.org

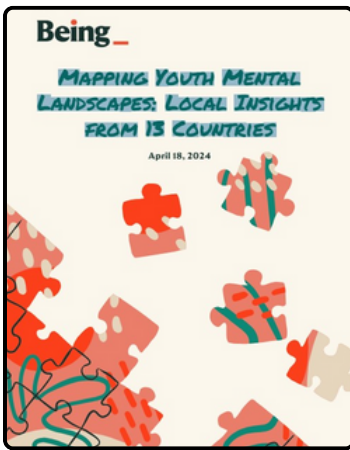
19th of April 2024  
17:30 SAST

#### European Region Webinar - Wellness through the lens of PWLE

Our European region, chaired by Yael Gaya, hosted a webinar, on the 19th of April focusing on Wellness through the lens of people with lived experience.

Our members candidly shared valuable insights about creating and enhancing wellness based on their lived experiences. Here is the link to the full webinar.

[Click for more info](#)



## Mapping Youth Mental Health Landscapes: Local Insights from 13 Countries

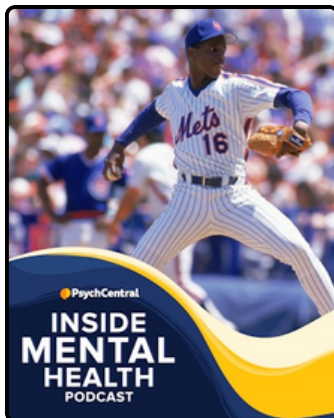
Being's latest report, reveals key challenges and opportunities from consultations with young people and mental health experts in 13 countries. From family dynamics to academic pressure, stigma, and social media, the report dives into some of the country's most pressing mental health drivers of youth mental health. The report details the collaborative research effort by Being, led by landscape analysis country partners in the 13 countries. You can access the publication using the link below.

[Click for more info](#)

## BMJ Journal: Usability of technological tools to overcome language barriers in health care

In many healthcare contexts globally, where the languages of care providers and patients do not match, miscommunication or non-communication can lead to inaccurate diagnoses and subpar treatment outcomes. In order to bridge these language barriers, a range of informal practices are used, such as family members or staff acting as interpreters, 'receptive multilingualism' or machine translation. The development and use of technological tools are increasing, but factors such as translation quality for complex health-related texts vary widely between languages. Use the link below to access the full paper.

[Click for more info](#)



## Baseball's Doc Gooden's Journey from Star Pitcher to Mental Health Advocate

Former Major League Baseball pitcher Dwight "Doc" Gooden, discusses his journey with addiction, relapse, and the significance of addressing mental health alongside substance misuse. He emphasizes the importance of honesty, self-forgiveness, and seeking proper help, including for mental health issues, which he feels are often overlooked despite their significance. Link to full episode below.

[Click for more info](#)



## Deinstitutionalize mental health care, strengthen community-based services: WHO

The World Health Organization has called on countries in WHO South-East Asia Region to prioritize transition from long-stay institutional mental health services to community-based care, to ensure these services are accessible, equitable, and stigma-free, and the affected individuals provided opportunities to lead a productive life. You can access the full article using the link below.

[Click for more info](#)

# ANNOUNCEMENT



## Recognition to Realisation

The Global Mental Health Peer Network (GMHPN), in collaboration with Global Health Economists, and supported by Kokoro and Vitol Foundation, are in the process of developing a sophisticated, evidence-based costing model to support equitable remuneration for lived experience expertise provided to a range of global stakeholders and sectors with interests in the area of mental health. This model will seek to account for diverse contexts and the complexity of expertise required in relation to the authentic involvement of experts by experience in mental health.

### Addressing the problem

Global acknowledgement for the experiential value of people with lived experience has been established, however the problem remains to translate this experiential value into monetary value. If the experiential value is not met with adoption of equitable remuneration practices, the recognition of the core value of participation is arguably no value at all.

We appreciate all global stakeholders who are truly making efforts to compensate the work and expertise of experts by experience, despite the challenges stemming from policies and practices that have not yet fully adapted to the concept of integrating this unique expertise formally.

To the best of our knowledge, no guidance exist that provides an evidence-based structure for the compensation and remuneration of the impact and value of lived experience expertise in mental health policy, research and practice. This means that global stakeholders have little guidance as to how to incorporate the involvement of lived experience engagement and consultation that is fairly remunerated into their initiatives and projects.

### Be part of this innovative project by contributing your feedback

We extend an invitation to **GMHPN Members and Fellow Peer Experts By Experience**, as well as **Organisations and Entities** to participate in this initiative by completing an anonymous electronic survey. Your input will contribute essential data for determining model parameters and promoting fair and ethical remuneration practices for lived experience expertise.

#### TAKE THE SURVEY, AS:

[Experts By Experience](#)

[Organisations/ Entities](#)